

How to have a Greener Christmas?

here are some tips on how we can have a sustainable and fun Christmas holiday.



Plan well

Christmas is one of the most celebrated holidays we have every year. It is the time where families and friends come together to celebrate and feast on delicious home cooked meals. But did you know that Australians often have leftovers that are estimated to be 20% of the foods they bought during the holidays? Hence, we could change this habit and start planning meals beforehand. Another tip would be to use your leftovers to remake new creative recipes for the next day. Just like in the Philippines, when families make "Lechon" and there are leftovers, they usually cook it the next day. The leftover meat would now be called "Lechon Paksiw".

Buy Gifts that will last

In order to get the best value for your money and for the environment is to buy items that are either high quality or biodegradable. You may even consider surprising your loved one by gifting them with a gift from mother earth (tree, plant seeds, etc) there are many fun innovative ways to surprise your loved ones. It does not always need to be expensive material possessions.



Use Solar Power

A great way to cut costs and to help the environment is to use solar powered lights for your Christmas decorations. By investing in solar panels you will in return save on electricity now and in the future. Moreover it reduces your carbon footprint. Aside from being a practical investment, you are also able to help the planet.

Use a Sustainable Tree

Most families decorate Christmas Trees as a way bond and prepare for the holiday. Some people would buy Christmas trees yearly depending on their preferences, which is a fun thing to do but it's not practical and eco-friendly. To help the environment and reduce plastic trees one might want to try buying their own real Christmas tree or an affordable tree, and planting it in their backyard or in a plant pot. This way you reduce the number of trees being cut down and you can reuse the same tree every year. Surely the birds would really enjoy this idea!



Know what is important

The best tip that one could follow during the holiday is to know our priorities. Knowing your priority could help you to save your time and money. Stop yourself and recognize the difference between the things you "need" and "want". Christmas doesn't need to have an extravagant budget, instead focus on the experience and enjoy spending time with loved ones. Furthermore, Christmas doesn't need to have an extravagant budget, instead focus on the experience and enjoyment of your loved ones.